

La Porte County Report

Date: December 5, 2025

Community Mental Health Center: La Porte County Comprehensive Mental Health Council,
Inc. (Swanson Center)

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Provider: La Porte County Comprehensive Mental Health Council, Inc.
(Swanson Center)

County: La Porte County

Website: www.swansoncenter.org

Swanson Center's FY25 activities reflect a year of strong operational growth and deep community engagement across La Porte County. Our agency continues to work toward readiness for the Certified Community Behavioral Health Clinic (CCBHC) transformation through enhanced access, collaborative partnerships with crisis response, and strengthened clinical quality measures, while expanding internal QA/QI processes and staff development efforts focused on evidence-based practice and documentation fidelity. Workforce initiatives have included offering student internships, creating new roles such as Staff Development and Community Outreach, as well as building our peer recovery and therapy staff. Clinically, Swanson Center has provided comprehensive outpatient services, expanded relapse prevention and therapeutic groups, and sustained intensive collaboration with the La Porte County Problem Solving Courts. The PATH team has continued extensive street outreach and housing navigation, supported by community partnerships. Several Memorandums of Understanding (MOUs) have been updated and new MOUs have been created with different La Porte County school corporations, inpatient psychiatric providers, Community Mental Health Centers, as well as local community agencies and healthcare providers. The Swanson Center has reviewed and updated our Strategic Plan to focus on prioritizing Clinical Efficacy, Community Impact, and Sustainable Resources. We have participated in a number of community events to support Mental Health and Substance Use Awareness, and hosted our first annual Run for Hope 5k in an effort to raise awareness for suicide prevention. Throughout FY25, Swanson Center strengthened community partnerships, completed a needs assessment to identify service gaps, and applied for multiple grants targeting program sustainability. These combined efforts enhanced service access, supported vulnerable populations, and reinforced Swanson Center's role as La Porte County's primary mental health provider committed to high-quality, recovery-focused, and community-responsive care.

Patients Served in State Fiscal Year 2025 Who Resided in the County

State Fiscal Year (SFY) 2025 Counts of Patients Served that Resided in the County

Total Number of Patients Served	2,491
Total Number of Patients Receiving Addiction Treatment Services	159
Total Number of Patients Receiving Mental Health Services	1,738
Total Number of Patients Receiving both Addiction Treatment Services and Mental Health Services	594

Total Number of Adult Patients Served	1,842
Total Number of Child Patients Served	649

Additional SFY 2025 Numbers

Number of clinical encounters (therapy provided by a licensed professional)	60,414
Number of completed intakes	1,351
Average time from intake to offered initial evaluation appointment	30 days
Average time initial evaluation to offered next appointment	54 days

Count of Referrals from the Following Source

Self, family and guardian referrals	690
Law enforcement or criminal justice	323
A hospital or physician	557
Child or youth services, including Department of Child Services, systems of care, or schools	283
Twenty-four (24) hour crisis intervention service	0
An enhanced call center	0

State Fiscal Year 2025 Community Outreach

Representation at the Following Community Meetings:

- CareSource/CMHC Clinical Update Meeting (Quarterly)
- DMHA State Psychiatric Hospital Liaison Meeting (Quarterly)
- Indiana Council Meetings for CCBHC/Crisis Continuum Committee (Monthly); CFO Committee (Quarterly); HR Committee (Quarterly); Medical Directors Committee (Quarterly); Child and Adult Services Committee (Quarterly); Marketing Committee (Quarterly); Addictions, Adult,

Employment Committee (Quarterly); Public Policy Committee (Monthly); Data Analytics Committee (Monthly); RISE Committee (Quarterly); Membership Meeting (Quarterly)

- La Porte Community School Corporation Monthly Provider Meeting
- La Porte Community School Corporation Project Aware Leadership Committee (Monthly)
- La Porte Community School Corporation Youth Assistant Planning Advisory Board (Quarterly)
- La Porte County Child Protection Team (Monthly)
- La Porte County Community Corrections Advisory Board
- La Porte County Department of Child Services Provider Meeting (Monthly)
- La Porte County Drug Free Partnership (Monthly)
- La Porte County Family Recovery Court/Circuit Court (Weekly)
- La Porte County HOME Team (Monthly)
- La Porte County JDAI Steering Committee (Quarterly)
- La Porte County Juvenile Services Center Steering Committee (Quarterly)
- La Porte County Juvenile Services Center Task Force (Quarterly)
- La Porte County Juvenile Symposium Planning Meeting
- La Porte County Partners for Healthier Babies Council (Monthly)
- La Porte County Pre-Trial Action Committee on Criminal Rule 26
- La Porte County Problem Solving Court/ La Porte Superior Court 4 (Weekly)
- La Porte County Recovery Residency Advisory Committee
- La Porte County Reentry Court/La Porte Superior Court 2 (1st and 3rd Wednesday of every month)
- La Porte County Suicide and Overdose Fatality Review Team (Monthly)
- La Porte County System of Care Governance Committee (Quarterly)
- La Porte County Veterans Treatment Court/Superior Court 3 (1st and 3rd Tuesday of every month)
- La Porte County Youth & Family Violence Implementation Team
- La Porte County Youth Wellness Court/Circuit Court (Weekly)
- La Porte County Crisis Intervention Team (CIT) Advisory Team
- Local Implementation Team (LIT) (Quarterly)
- Michigan City Exchange Club
- Michigan City Rotary Club
- Region 2 Department Child Services Council (Monthly)
- REST District 1 Leadership Team Meeting
- Upstream (Community Mapping – Monthly)

Events Attended:

- Boston University Behavioral Health in Aging Certificate completed by 3 staff
- CIT International Conference
- Department of Child Services Regional Community Partners Provider Fair
- Geminus Regional Community Partners Provider Fair

- Indiana Association of Behavioral Consultants Conference – Staff Presentation: “Crisis Intervention – Identifying the role of Clinicians and Law Enforcement during a crisis”
- Indiana Wraparound Supervisor Training
- Indiana Youth Institute Luncheon
- JDAI Interstate Conference
- La Porte Community School Corporation Annual “Rock the Block” 2024
- La Porte Community School Corporation Educator Wellness Events (3)
- La Porte County Department of Child Services/Community Partners Trunk or Treat
- La Porte County Probation Retreat
- La Porte Fourth of July Parade
- La Porte Rotary Club presentation on Youth Mental Health
- Michigan City Annual Summer Parade
- Michigan City Police Department National Night Out
- Michigan City Commission on the Social Status of African American Males – Staff Presentation: “Mental Health in the African American Community”
- Michigan City Pride Fest
- Move with the Mayor (Michigan City)
- NAMI Indiana Mental Health & Criminal Justice Summit
- Partners for Prevention Conference (Child Abuse Prevention event), Presentation “The Role of Mental Health in Child Abuse Prevention”
- Porter County CIT Training – Staff Presentation on Veterans and Homelessness
- Purdue University North West Job Fair
- RISE25 (National Association of Drug Court Professionals) National Conference
- Swanson Center’s Annual Run for Hope 5k
- Teen Mental Health First Aid Instructor Training
- Youth Mental Health First Aid Instructor Training

New Programs for the County:

- HealthLinc and Swanson Center have a Memorandum of Understanding for the HealthLinc Behavioral Health Resident program. Two Masters Level, Associate Licensed individuals are providing therapy to Swanson Center clients two days per week to obtain Community Mental Health experience.
- New Groups offered in FY25: Parenting Therapy Group, Women’s Trauma Group II
- La Porte County Crisis Intervention Team trainings for law enforcement 9/9/24-9/13/24 and CIT Review Training 5/1/25
- Adult Mental Health Habilitation Services (AMHH)
- Swanson Center submitted a Request for Proposal (RFP) for the Indiana Department of Child Services for the Family Preservation program and Supervised Visitation. Swanson Center was granted this contract in FY25.

New Partnerships in the County:

- New Memorandum of Understandings (MOUs) with MSD of New Durham, Paladin, and Michigan City Police Department
- Updated MOUs with Gravity Diagnostics, La Porte Community School Corporation, Michiana Behavioral Health, Regional Health Systems, Porter Starke Services

Addiction Services

Locations for Addiction Treatment Services with ASAM Level of Care Provided at the Location:

Michigan City Office (7224 W 400 N, Michigan City, IN)

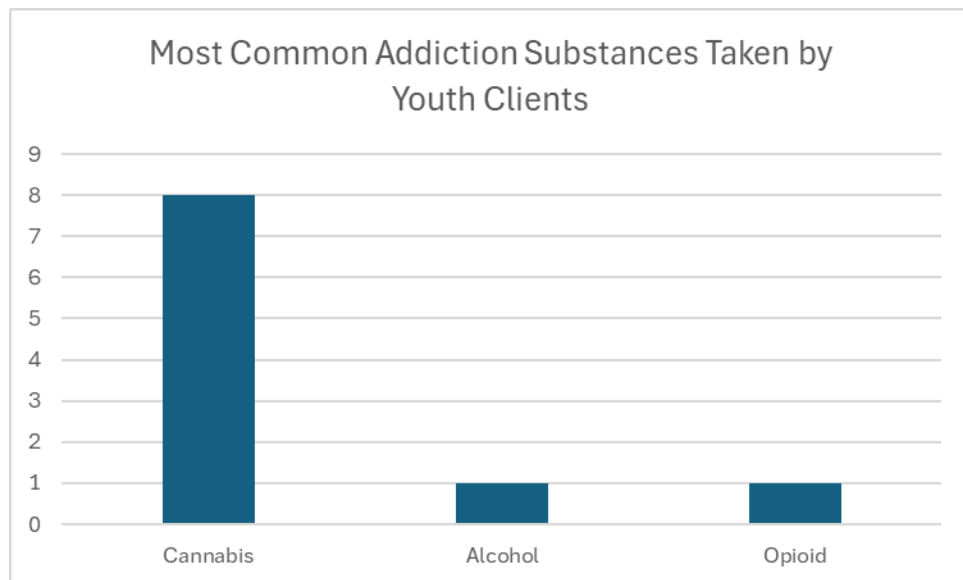
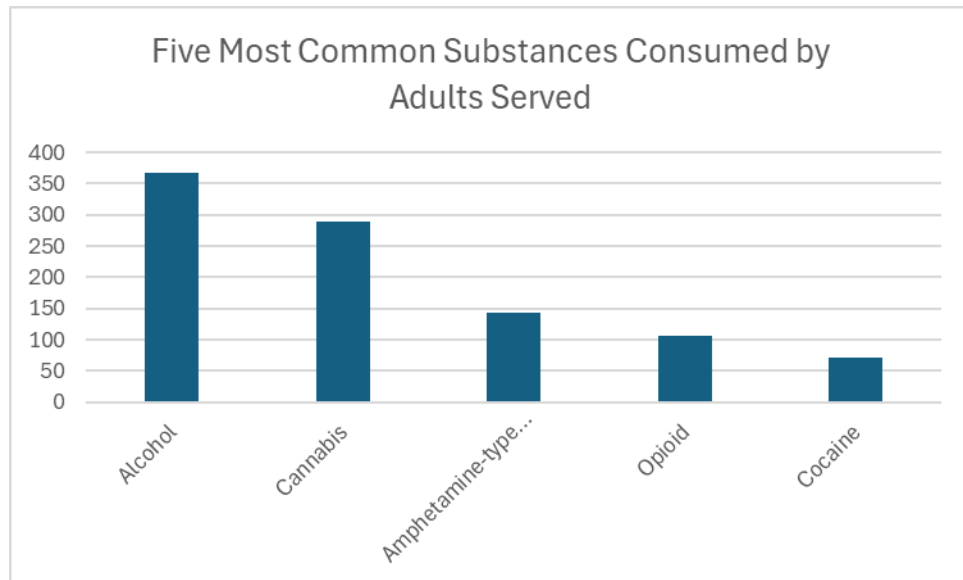
- ASAM Level 0.5: Early Intervention
- ASAM Level 1: Outpatient Services
- ASAM Level 2.1: Intensive Outpatient Services

La Porte Office (1230 State Road 2 West, La Porte, IN)

- ASAM Level 0.5: Early Intervention
- ASAM Level 1: Outpatient Services
- ASAM Level 2.1: Intensive Outpatient Services

Evidence-Based Practices Utilized in Addiction Treatment:

- Comprehensive mental health and substance use disorder evaluations
- Individual and Family Therapy using Motivational Interviewing; Motivational Interviewing with the 12 steps; Cognitive Behavioral Therapy; Trauma Focused Cognitive Behavioral Therapy; Dialectical Behavioral Therapy; Experiential Therapy; Matrix Model; Seeking Safety; Screening, Brief Intervention, Refer & Treat (SBIRT) model to address substance use issues.
- Individual, Couple, and Family Therapy (office based and telehealth)
- Group Therapy for adults utilizing Evidenced Based Practices: Matrix Model and Living in Balance Curriculum
- Peer Recovery and Case Management Services
- Relapse Prevention utilizing the Matrix Model



Mental Health Services

Locations of Mental Health Treatment for Youth:

Michigan City Office (7224 W 400 N, Michigan City, IN)

La Porte Office (1230 State Road 2 West, La Porte, IN)

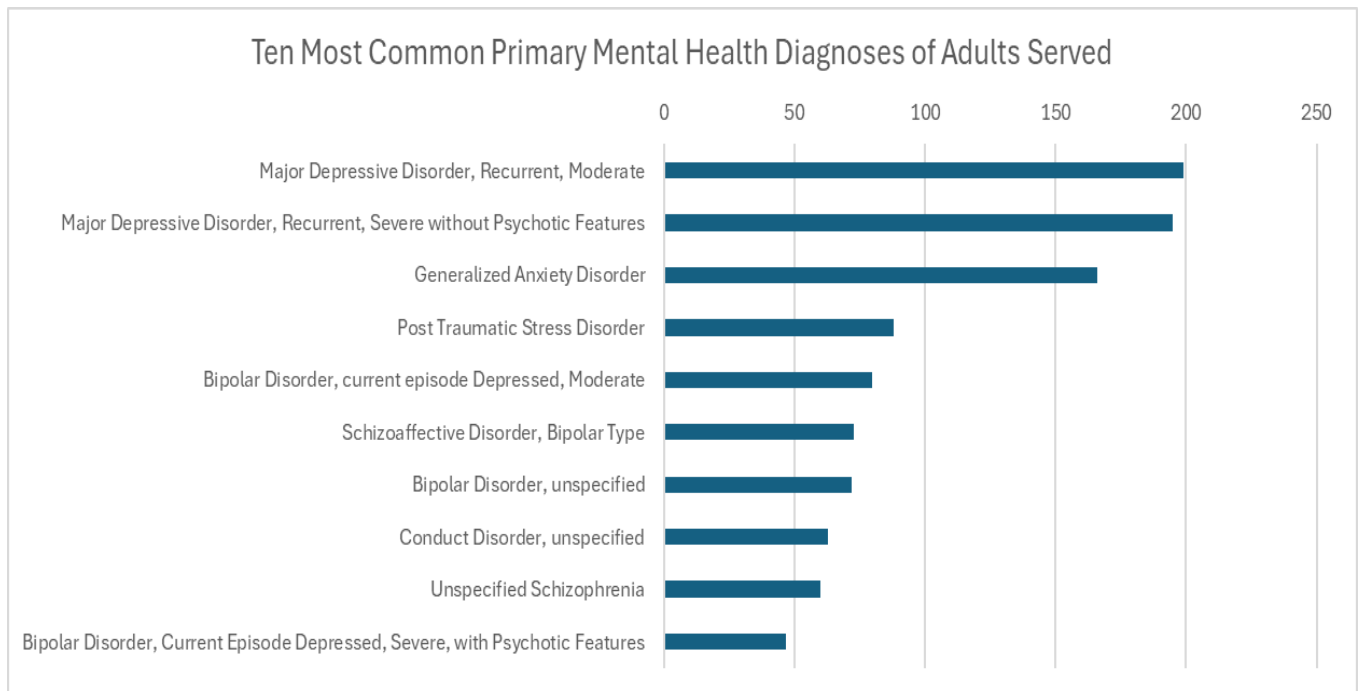
Locations of Mental Health Treatment for Adults:

Michigan City Office (7224 W 400 N, Michigan City, IN)

La Porte Office (1230 State Road 2 West, La Porte, IN)

Evidence-Based Practices Utilized in Mental Health Treatment

- 123 Magic
- Acceptance and Commitment Therapy
- Cognitive Behavioral Therapy
- Cognitive Behavioral Therapy for Suicide
- Columbia Suicide Severity Rating Scale (CSSRS)
- Stanley Brown Safety Plan
- Dialectical Behavioral Therapy
- Home and community-based therapy
- Home and community-based case management and skills training
- Mindfulness Practices
- Motivational Interviewing
- Prolonged Exposure Therapy
- School-based services
- Trauma Focused Cognitive Behavioral Therapy
- Wellness Recovery Action Plan (WRAP)



Ten Most Comon Primary Mental Health Diagnoses of Children Served

